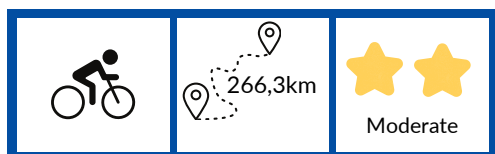


Alto Minho Cycling Tour



Overview

Explore the wonders of Alto Minho, Costa Verde, and Porto on a 1-week self-guided cycling holiday in Portugal. Starting in Monção, enjoy eco trails along the River Minho, the natural border with Spain, with scenic views and historic towns. Cycle from Caminha down the Atlantic Coast to Viana do Castelo, and onward to Ponte de Lima. Continue through Arcos de Valdevez and Ponta da Barca, reaching Barcelos and finally the UNESCO World Heritage city of Porto.

Itinerary: March - October

- Day 1: Arrival in Porto, transfer to Monção. Welcome briefing, wine tasting, 4-star hotel stay.
- Day 2: Monção to Caminha (48.9 km). 4-star hotel
- Day 3: Caminha to Ponte de Lima (57 km). 3-star hotel
- Day 4: Ponte de Lima circular route (46.3 km). Local product tasting, 3-star hotel
- Day 5: Ponte de Lima to Barcelos (34.4 km). 3-star hotel
- Day 6: Barcelos to Vila do Conde (46.3 km). 3-star hotel
- Day 7: Vila do Conde to Porto (35.9 km). Visit Port Wine Cellars, 4-star hotel
- Day 8: Transfer from Porto hotel to airport/train station. End of trip.

At a Glance

- Duration: 8 days, 7 nights
- Activity: 6 cycling days
- Type: Self-guided
- Total Cycling Distance: 266.3 km
- Grade: Moderate
- Availability: 1st March to 31st October
- Meals: 7 breakfasts
- Participants: From 2 people

Prices 2025

March, April, October	Double: R23,970 per person	Single: R31,730 per person
May, June, September	Double: R25,165 per person	Single: R33,920 per person
July, August	Double: R26,160 per person	Single: R35,905 per person

Included

- 7 nights' accommodation with breakfast
- 6 days bike rental (MTB Trek Marlin 6 with 29" wheels + panniers + Helmet)
- Transfer from Porto airport to Monção (day 1)
- Transfer from Porto hotel to Porto Airport (day 8)
- Luggage transfers between lodgings
- Visit and wine tasting in Monção (day 1)
- Taste local products in Pente de Lima (day 4)
- Visit and wine tasting in Port wine cellars (day 7)
- Route notes and app with trail info
- In-person welcome briefing
- 24-hour emergency contact

Not Included

- Lunches, dinners, travel insurance, personal expenses, touristic taxes, personal equipment, and items are not listed as included.

Additional Services

- E-Bike upgrade (R4,400 per bike), additional luggage, extra nights, flights, travel insurance, E-Sims, and train tickets available upon request.

Payment Terms

- 30% non-refundable deposit on booking
- 40% due 60 days before departure
- Balance due 30 days before departure

Note: Prices subject to change based on exchange rate fluctuations and availability.